

Le Jardin des Particules

MENUS

Week 5

From January 30th to February 3rd 2023

Myosotis Specificities	Trèfles - Cosmos - Classrooms 1 & 2	
	<i>Monday January, 30th 2023</i>	Snack
Sauce apart	Pumpkin soup Sliced grilled chicken, orange ginger sauce Roasted potatoes Romanesco cabbage Seasonal fruit salad	Dar Vida & Cheese to spread
	<i>Tuesday January, 31st 2023</i>	Snack
(8) plain yogurts	Vegetable Macedonia (mayonnaise) Bolognese cornettes Green peas Flan pie	Apricot sauce & Biscottes
	<i>Wednesday February, 1st 2023</i>	Snack
	Lentil salad with mustard Beef ground steak juice with onions Roasted sweet potato Red cabbage Natural cottage cheese or with fruit coulis	Milk & Cereals
	<i>Thursday February, 2nd 2023</i>	Snack
9 without chocolate	Vegetable minestrone Omelette rolled with cheese Grain Grilled pumpkin Crepe rolled with chocolate	Fruit salad & Madeleine
	<i>Friday February, 3rd 2023</i>	Snack
9 plain Yogurts	Potato salad and hard-boiled egg Pollack back, vegetable vinaigrette Rice with herbs Parsnips roasted with honey Vanilla cream	Apple/Banana Sauce & Spyce Bread
Enjoy !		