

Le Jardin des Particules

MENUS

Week 41

From October 5th to 9th 2026

	Dahlia, Tournesol, Jasmin, Cerisier & Lilas	Trèfles
	<i>Monday 5 October 2026</i>	Snack
	Creamy cauliflower soup Sautéed chicken Polenta & diced vegetables Orange cubes	Brioche & Fruits coulis
	<i>Tuesday 6 October 2026</i>	Snack
	Potato salad Chili sin carne (soy, red beans, corn) Rice Banana	Bread & Slice of turkey
	<i>Wednesday 7 October 2026</i>	Snack
	Grated carrots Vegetable and goat cheese quiche Romanesco broccoli Plain yogurt	Compote & Petit-beurre
	<i>Thursday 8 October 2026</i>	Snack
	Cucumber sticks Plain omelette Spinach & sweet potato Apple/quince sauce	Pear & Pancake
	<i>Friday 9 October 2026</i>	Snack
	NOVAE Salad Hake fillets with seeds Pasta & turnip Chocolate mousse	Carrots Dips & Light yogurt sauce

Enjoy your meal !!!