

# Le Jardin des Particules

## MENUS

Week 7

**From February 9th to 13th 2026**

<b>Clovers' Specificities</b>	Clovers, Dahlia, Sunflowers, Jasmins & Lilacs	
	<i>Monday 9th February 2026</i>	Snack
	<b>Winter vegetable soup</b> <b>Turkey escalope</b> <b>Red beans &amp; sautéed vegetables</b> <b>Gruyère cheese and bread</b>	<b>Plain Yogurt &amp; Pear Sauce</b>
	<i>Tuesday 10th February 2026</i>	Snack
	<b>Grated carrot</b> <b>Chicken nuggets</b> <b>Wheat heart &amp; broccoli puree</b> <b>Cottage cheese</b>	<b>Tangerine &amp; Bread and honey</b>
	<i>Wednesday 11th February 2026</i>	Snack
	<b>Beetroot salad</b> <b>Chickpea dumplings</b> <b>Sautéed potatoes and spinach</b> <b>Clementine</b>	<b>Milk &amp; Cereals &amp; Orange cubes</b>
	<i>Thursday 12th February 2026</i>	Snack
	<b>Vegetable soup</b> <b>Vegetable spring rolls (baked)</b> <b>Noodles &amp; butter beans</b> <b>Apple-pear compote</b>	<b>Plain yogurt &amp; Whole wheat bread &amp; Banana</b>
	<i>Friday 13th February 2026</i>	Snack
	<b>Cauliflower soup</b> <b>Hake fillet</b> <b>Parmesan risotto</b> <b>Pineapple cube</b>	<b>Dar Vida &amp; Cheese to spread &amp; Apple</b>
<b>Enjoy your meal !!</b>		