

Le Jardin des Particules

MENUS

Week 5

January from 26th to 30th 2026

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| | Clovers, Jasmin, Dahlia, Tournesol & lilacs | |
| Clovers' specificities | <i>Monday 26th January 2026</i> | Snack |
| | Mountain soup (leek, celery, carrot, potato) Ricotta and spinach tortellini with tomato sauce Sauted kohlrabi Pear | Wholemeal bread & Kiwi |
| Clovers' specificities | <i>Monday 27th January 2026</i> | Snack |
| 18 yaourts natures | Duo of shredded cabbage Salted pork with seitan and lentils Squash cubes Vanilla cream | Ricotta & Honey & Bread |
| Clovers' specificities | <i>Wednesday 28th January 2026</i> | Snack |
| | Fennel and orange salad Lamb meatballs Semolina and vegetables, couscous style Baked apple | Petit-Suisse & Red fruit Sauce |
| Clovers' specificities | <i>Thursday 29th January 2026</i> | Snack |
| | Grated celery Beef stew Flageolet beans & diced carrots Clementine | Gruyère & Wholemeal bread |
| Clovers' specificities | <i>Friday 30th January 2026</i> | Snack |
| | Cauliflower soup with a hint of curry Hake fillets with seeds Steamed potatoes & coleslaw Orange and apple compote | Mango cubes & Rice crackers & Plain yogurt |

Enjoy your meal !!!