

# Le Jardin des Particules

## MENUS

Week 12

From March 16th and 20th 2026

<b>Clovers' Specificities</b>	Clovers, Dahlias, Sunflowers, Jasmins & Lilacs	
	<i>Monday 16th March 2026</i>	Snack
<b>Mayo aside 18 portions Spinash and Ricotta</b>	Hard-boiled egg with mayonnaise Ricotta and spinach crepe Oven-roasted potato Plain yogurt with apple compote	Rice Crackers & Orange cubes
	<i>Tuesday 17th March 2026</i>	Snack
	<i>Green day</i>	
	Broccoli soup Ground beef steak Pasta with pesto & Brussels sprouts Kiwi	Plain yogurt & Whole wheat Bread & Honey
	<i>Wednesday 18th March 2026</i>	Snack
<b>Separated</b>	Vegetable dips Chicken tenders with corn flakes Basmati rice and peas Pear	Corn bread & Gruyère
	<i>Thursday 19th March 2026</i>	Snack
<b>18 plain yogurts</b>	Vegetable minestrone Lentil meatballs Wheat & yellow carrots Chocolate mousse without added sugar	Fruit salad & Madeleine
	<i>Friday 20th March 2026</i>	Snack
<b>Sauce aside</b>	Cucumber salad Trout fillet with beurre blanc sauce Pearl barley & sweet potato Banana	Milk & Cereals & Tangerine

Enjoy your meal !!