

Le Jardin des Particules

MENUS

Week 51

December 15th to 19th 2025

	Clovers, Jasmin, Dahlia, Tournesol & Lilacs	
Clovers' specificities	<i>Monday 15th December 2025</i>	Snack

Lettuce, chervil, and potato soup
Beef Bolognese
Pasta & Romanesco broccoli
Seasonal fruit salad

Pomme
&
Milky bread

Clovers' specificities	<i>Tuesday 16th December 2025</i>	Snack
------------------------	-----------------------------------	-------

All-green soup (green peas)
Pan-fried tofu with coconut milk
Quinoa & Turnip
Carrot cake

Ricotta
&
Rice cracker

18 plain yogurt

Clovers' specificities	<i>Wednesday 17th December 2025</i>	Snack
------------------------	-------------------------------------	-------

Grated carrots
Omelet
Bulgur wheat & mashed squash
Orange

Cooked pear
&
Gruyère and bread

Clovers' specificities	<i>Thursday 18th December 2025</i>	Snack
------------------------	------------------------------------	-------

Vegetable soup
Spiced lamb meatballs
Wheat berries & spinach purée
Quark, sugar-free fruit coulis

Plain Yogurt
&
Clementine

Clovers' specificities	<i>Friday 19th December 2025</i>	Snack
------------------------	----------------------------------	-------

End-of-year meal

Cream of pumpkin soup
Roasted chicken breast

Dar Vida
&

Mashed potatoes & green beans with chestnut pieces
Slice of Yule log

Cheese to be spread



Enjoy your meal !!!