

Le Jardin des Particules

MENUS

Week 49

December 1st to 5th 2025

Clovers, Jasmin, Dahlia, Tournesol & Lilacs

Clovers' Specificities

Monday 1st December 2025

Snack

NOVAE salad selection
Sliced beef
Pasta & shredded white cabbage
Yogurt

Milky bread
&
Kiwi cubes

Clovers' Specificities

Tuesday 2nd December 2025

Snack

Salsify soup
Sautéed chicken with lemon
Steamed potatoes & carrots
Banana

Dar Vida
&
Cheese to be spread

Wednesday 3rd December 2025

Snack

Travelling to South America



Corn soup
Like a vegetarian feijoada (seitan, carrots, onions,
thyme, and paprika)
Rice & red beans
Pineapple cube

Yogurt
&
Bread

Clovers' Specificities

Thursday 4th December 2025

Snack

18 plain yogurts

Duo of white cabbage and red cabbage
Scrambled eggs
Quinoa & spinach purée
Pumpkin cheesecake (no added sugar)

Plain Quark
& Sugarfree Fruit
Sauce
&
Apple

Clovers' Specificities

Friday 5th December 2025

Snack

Cream of mushroom soup
Hake fillet with seeds
Bulgur wheat & squash purée
Apple and pear compote

Tangerine
&
Gruyère & bread

Enjoy your meal !!!