

Le Jardin des Particules

MENUS

Week 29

From July 14th to 18th 2025

Myosotis, Trèfle, Jasmin, Dahlia, Tournesol & Lilas

Monday 14th July 2025

Snack

**Cream cucumber
Cooked ham NOVAE selection
Lentils and green beans
Apricot**

**Plain yogurt
&
Ginger bread**

Tuesday 15 July 2025

Snack

Sauce aside

**Cold soup
Scrambled eggs
Rösti and tomato Provençale
Plain yogurt with brown sugar**

**Fruit salad
&
Biscuits**

Wednesday 16 July 2025

Snack

**Green salad (cucumber, edamame, green beans)
Parmesan pasta and cream
Ratatouille
Strawberry ice cream**

**Crêpe
&
Apple**

Thursday 17 July 2025

Snack

**Melon
Vegetarian couscous
Vegetable couscous & chickpeas
Cottage cheese with fruit coulis**

**Apricot
&
Rice Cracker**

Friday 18 July 2025

Snack

**Cauliflower salad
Seafood paella (cocktail shrimp)
Gruyère cheese
Peach**

**Vanilla Icecream
&
Chocolate cooky**

Enjoy your meal !!!