

Le Jardin des Particules

MENUS

Week 21

From May 19th to 23rd 2025

Myosotis, Trèfles, Jasmin, Dahlia, Tournesol & Lilas

Monday 19th May 2025

Snack

Shredded white cabbage salad
Potato omelette
Broccoli
Petit-Suisse nature

Milky bread
&
Sugarless Jam

Tuesday 20th May 2025

Snack

Cucumber salad
Turkey stew
Gnocchi & mixed vegetables
Cottage cheese with coulis

Strawberries
&
Chocolate cake

Wednesday 21st May 2025

Snack

Celery Remoulade
Veggie moussaka (lentils, eggplant, tomatoes, cheese)
Caramel cream

Blueberry -Apple
Sauce
&
Brioche

Thursday 22nd May 2025

Snack

Cold soup
Breaded tofu, light yoghurt sauce
Semolina cereals (lentils, corn, wheat) & kohlrabi
Apple/raspberry compote

Plain Yogurt
&
Strawberry coulis
&
Madeleine

Friday 23rd May 2025

Snack

Tomato salad
White fish, 1/4 lemon
Quinoa & Carrot Puree
Plain yogurt

Pear
&
Rice cracker
&
Gruyère

Enjoy your meal !!