

Le Jardin des Particules

MENUS

Week 7

From February 10th to 14th 2025

The Trèfle, Jasmin, Dahlia, Tournesol & Lilas

Monday 10th February 2025

Snack

Chickpea salad
Lamb meatballs with tomato sauce
Pasta and roasted squash
Plain cottage cheese

Mandarine
&
Ginger bread

Tuesday 11th February 2025

Snack

Carrot soup
Poultry cordon bleu with cheese
Parboiled fennel, broccoli puree
Kiwi cubes

Petit-suisse
&
Pancake

Wednesday 12th February 2025

Snack

vinaigrette apart

Beetroot salad with vinaigrette
Spinach with béchamel sauce and hard-boiled egg
Rice
Fruit compote

Yogurt
&
Brown sugar
&
Banana

Thursday 13th February 2025

Snack

Vegetable soup
Carrot flan
Quinoa
Clementine

Quark
&
Coulis

Friday 14th February 2025

Snack

Coleslaw
Steamed white fish, 1/4 lemon
Rice and celery puree
Chocolate mousse

Rice cracker
&
Honey

Enjoy your meal !!!!