

Le Jardin des Particules

MENUS

Week 4

From January 20th to 24th 2025

Specificities	Nursery and School meals	
	Monday 20th January 2025	Snack Crèche Snack
	Parsnip soup Beef meatball with tagine spices, Couscous and carrot seeds Plain yogurt	Milky bread & Vaud Tomme
	Tuesday 21st January 2024	Snack
	Spinach Bricks Grilled chicken strips Hash browns and Brussels sprouts Cottage cheese and fruit coulis	Ginger Bread & Kiwi Cubes
	Wednesday 22nd January 2024	Snack
	Pea and Kiri velouté Cheese quiche, stewed fennel Chocolate mousse	Plain Yogurt & Dar Vida
	Thursday 23rd January 2024	Snack
	Green salad and diced Gruyère cheese Mushroom and potato tortillas, Pan-fried mushrooms with parsley and its velouté Plain yogurt	Savoie Tomme & Bread & Sugarless Jam
	Friday 24th January 2024	Snack
Sauce aside	Vegetable soup Breaded fish, tartar sauce and lemon Rice and Romanesco cabbage Pineapple cubes	Plum & Plain Yogurt & Honey

Enjoy your meal !!!!!