**Le Jardin des Particules**

**MENUS**

**Week 4**

From January 22nd to 26th 2024

<table>
<thead>
<tr>
<th>Specificities</th>
<th>Myosotis</th>
<th>The Myosotis, Trèfles, Dahlias, Tournesols &amp; Jasmins</th>
</tr>
</thead>
</table>
| **Monday, January 22nd 2024** | Snack | Vegetable soup
Lamb meatball with mild curry
Pearl barley & parsnips
Cubed pineapple
Dar Vida
&
Cheese to spread |

| **Tuesday, January 23rd 2024** | Snack | Lentil soup
Spiced chicken drumsticks with ketchup sauce
Green Bean & Quinoa
Egg flan
Madeleine
&
Petit-Suisse |

| **Wednesday, January 24th 2024** | Snack | Leek soup
Falafels, couscous semolina and vegetables
Tajine spice broth
Poached Pear
Pancakes
&
Plain Yoghurt
Sugarless Jam |

| **Thursday, January 25th 2024** | Snack | Cooked beetroot salad
Beef Burger with Cheddar
Peas & Baked Potato
Yoghurt
Milk Bread
&
Quark |

| **Friday, January 26th 2024** | Snack | Squash soup
Squid with parsley and tomato sauce
Rice and broad beans
Fruit Salad
Gruyère
&
Bread
&
Pear |

Enjoy your meal !!!