

Le Jardin des Particules

MENUS

Week 49

From December 4th to 8th 2023

The Myosotis, Trèfles, Dahlias, Tournesols & Jasmins

**Myosotis
Specificities**

Monday, December 4th 2023

Snack

**Corn and tuna salad
Seitan fricassee with kebab spices
Vegetables & Bulgur
Plain yoghurt**

**Cake
&
Pineapple Cubes**

Tuesday, December 5th 2023

Snack

**Lettuce salad
Pasta stuffed with tomato sauce, grated cheese
Spinach
Banana**

**Milk
&
Cereals**

Wednesday, December 6th 2023

Snack

**Carrot Soup
Thinly sliced chicken
Cauliflower gratin
Fruit compote (no gourd)**

**Plain Yoghurt
&
Bread
&
Honey**

Thursday, December 7th 2023

Snack

**Vegetable soup
Beef Burger with Full-bodied Jus
Baked Potato & Brussels Cabbage
Fruit salad**

**Compote
&
Quark**

Friday, December 8th 2023

Snack

**Tabbouleh
Grilled salmon, 1/4 lemon
Rice & Broccoli
Chocolate mousse**

**Milky bread
&
Pear**

Myosotis

Petit-Suisse

Enjoy your meal !!!