

Le Jardin des Particules

MENUS

Week 45

From November 4th to 8th 2024

Trèfle, Jasmin, Dahlia, Tournesol & Lilas Group

Monday, November 4th 2024

Snack

Leek and potato soup
Beef meatball with meat gravy
Cauliflower and sweet potato
Plain yoghurt and fruit coulis

**Boudoir
&
Fruit Sauce**

Tuesday, November 5th 2024

Snack

Squash soup
Tomato omelette
Pan-fried gnocchi
Apple

**Plain Yogurt
&
Sugarless Jam
&
Biscuit**

Wednesday, November 6th 2024

Snack

Green salad
Chicken cordon bleu
Mashed Potatoes & Green Beans
Fruit compote

**Petit-Suisse
&
Brown Sugar
&
Pain fendu**

Thursday, November 7th 2024

Snack

Shredded carrots
Vegan Burger and Ketchup
Pasta and parsnips
Fruit pie

**Cereals & Milk
&
Kiwi Cubes**

Friday, November 8th 2024

Snack

Vegetable soup
White fish, 1/4 organic lemon
Quinoa and vegetable piperade
Orange cubes

**Dar Vida
&
Cheese to spread**

Enjoy your meal !!!