

# Le Jardin des Particules

## MENUS

**Week 40**

**from September 30th to October 4th 2024**

The Trèfle, Jasmin, Dahlia, Tournesol &  
Lilas

*Monday, September 30th 2024*

Snack

**Lentil salad  
Chili con meat with corn and red bean  
Gruyère**

**Brioche  
&  
Petit-Suisse**

*Tuesday, October 1st 2024*

Snack

**Mushroom salad  
Lamb dumplings with tagine spices  
Semolina and eggplant  
Fruit compote**

**Corn Flakes, Milk  
&  
Watermelon**

*Wednesday, October 2nd 2024*

Snack

**Carrot grated vinaigrette  
Chicken fillet with marjoram  
Mixture of cereals, zucchini  
Fruit yogurt**

**Pear  
&  
Gruyère  
&  
Bread**

*Thursday, October 3rd 2024*

Snack

**Cold beet soup with sherry and mint  
Stir-fried planted with sweet curry  
Vegetables & Rice  
Banana**

**Quark  
&  
Honey  
& Oat biscuit**

*Friday, October 4th 2024*

Snack

**Grated Celery and French Sauce  
White fish fillet, lime butter,  
Broccoli and quinoa  
White cheese and fruit coulis**

**Apple sauce  
&  
Cracotte**

**Enjoy your meal !**