

Le Jardin des Particules

MENUS

Week 37

from September 9th to 13th 2024

The Trèfle, Jasmin, Dahlia, Tournesol & Lilas

Monday, September 9th 2024

Snack

**Greck Salad and feta cheese
Minced beef à la provençale
Broccoli and pearl barley
Fruit yogurt**

**Rice crackers
&
Gruyère**

Tuesday, September 10th 2024

Snack

**Corn and cucumber salad
Spaghetti Bolognese and Grana Padano
Zucchini cubes
Apple Clafouti**

**Cereals
&
Milk**

Wednesday, September 11th 2024

Snack

**Coleslaw salad
Chicken, paprika juice,
Potato crushed and spinach
Watermelon cubes**

**Banana
&
Quark**

Thursday, September 12th 2024

Snack

**Tomato cubes with tuna, shallots and herbs
Margherita pizzas with mozzarella and black olives
Fruit salad**

**Bread
&
Cheese to spread**

Friday, September 13th 2024

Snack

Ham apart

**Quinoa salad
Vegetable spring rolls, White rice
(peas, carrot, diced ham, egg)
Nectarine in pieces**

**Plain Yogurt
&
Brioche**

Enjoy your meal !!