

# Le Jardin des Particules

## MENUS

Week 21

**From May 20th to 24th 2024**

<b>Myosotis Specificities</b>	Myosotis, Trèfles, Dahlias, Tournesols & Jasmins Groups	
	<i>Monday, May 20th 2024</i>	Snack
	<b>Pentecost</b>	
	<i>Tuesday, May 21st 2024</i>	Snack
	<b>Iceberg Salad</b> <b>Sautéed shrimp with tomato, olives and basil</b> <b>Eggplant and buckwheat</b> <b>Fruit compote</b>	<b>Plain Yogurt &amp;</b> <b>Sugarless Pancake &amp;</b> <b>Sugarless Jam</b>
	<i>Wednesday, May 22nd 2024</i>	Snack
	<b>Tomato gazpacho</b> <b>Tofu Burgundy</b> <b>Rösti galette and spinach</b> <b>Gruyère</b>	<b>Corn Bread &amp;</b> <b>Chocolate &amp;</b> <b>Pear</b>
	<i>Thursday, May 23rd 2024</i>	Snack
	<b>Cucumber Salad</b> <b>Swiss Beef Shepherd's Pie</b> <b>Peas</b> <b>Fruit salad</b>	<b>Milk Bread &amp;</b> <b>Plain Petit-Suisse</b>
	<i>Friday, May 24th 2024</i>	Snack
	<b>Grated carrot</b> <b>Steamed white fish, 1/4 lemon</b> <b>Rice and green beans</b> <b>Cottage cheese and fruit coulis</b>	<b>Cherry Tomatoes/</b> <b>Cucumber stick &amp;</b> <b>St Moret &amp; Fresh Fruit</b>

Enjoy your meal !!!